

ANXIETY, PHOBIA & PANIC DISORDER

Wednesday 6th October 2010

Venue: Academy, Great Western Hospital, Swindon, SN3 6BB - Parking Permits available

Facilitator: TBC
Open to GPs, GPSTRs, PNs

Registration 1300
Start/finish time 1330 - 1700

Relevant Curriculum Statement: 'Care of people with mental health problems'

3 LEARNING CREDITS

Remember you also have the potential to double the number of learning credits by demonstrating at appraisal how your learning has changed your practice. The forms that we provide at the end of the course will help you to reflect on your learning

Introduction Providing care for people with mental health problems is integral to the work of a GP. It represents a significant workload and has implications for the public health of the practice population. Therefore, improving the skills of effective communication and recognising and managing somatisation should lead to a significant reduction in patient suffering and healthcare costs.

Objectives

1. To know how to manage anxiety, phobia and panic disorders in primary care
2. To be updated on latest evidence based management of anxiety, phobia and panic disorders
3. To be aware of when to refer and how to make best use of local resources in relation to anxiety, phobia and panic disorders

Speaker/s Simon Manchip, Consultant Psychiatrist for the Elderly
Ramesh Sivasubramanyam, Consultant Psychiatrist
Janice De Souza, Clinical Nurse Special in Cognitive Behaviour Therapy

Programme

1300 REGISTRATION

1330 - 1430 Diagnosis of different anxiety disorders - prevalence, profile & Causative factors

1430 - 1530 Clinical Features, differential diagnosis and medical management of Anxiety

1530 - 1545 **BREAK**

1545 - 1645 Psychological Treatment for Anxiety, Phobias and Panic

1645 Evaluation

1700 Close

Speakers

Simon Manchip

Ramesh Sivasubramanyam

Janice De Souza

Course fee These seminars are **FREE** to Swindon & other Severn Education Trust members and all Swindon & Severn GPSTRs

PLEASE NOTE: GP Membership **£150 per year or £100 each for full practice membership**, which entitles **FREE attendance at educational events** run by the Swindon GP Education Trust and reciprocal agreement with other GP Education Trusts within Severn. New membership renewal April 2009. Please contact the GP Office for an application or download from our new website www.swindongpeducation.co.uk

£75 Non GP Education Trust Member

£25 Practice Nurses

Please Note: Non attendees who do not cancel their place with at least 2 working days notice will be charged a **£25 cancellation fee**

APPLICATION

NEW WEBSITE: www.swindongpeducation.co.uk

To apply, please complete and return with your payment, if applicable, to the address below

Anxiety, Phobia & Panic Disorders, Wednesday 6th October 2010 1300 - 1700

VENUE: Academy, Great Western Hospital, Swindon, SN3 6BB

NAME	
ADDRESS	
TELEPHONE	
E:MAIL	(Please note that confirmations will only be sent via e:mail)

GP / GPSTR / PN / Other	
Swindon GPSTR (Please specify STR1, 2 or 3)	(Please specify)
Other Severn GPSTR (Please specify STR1,2 or 3)	(Please specify area)

GWH Parking Permit Only	(Cost <u>£5 each</u> to all non Swindon or Severn Education Trust members. Please attach a cheque with your application)
	I require / do not require a parking permit (Please delete)

Membership	I am a member of the following GP Education Trust (Please tick)
	Swindon <input type="checkbox"/>
	Bath <input type="checkbox"/>
	Other Severn (Please specify) <input type="text"/>

These seminars are **FREE** to Swindon & other Severn Education Trust members and all Swindon & Severn GPSTRs.
£75 Non GP Education Trust Member
£25 Practice Nurses

Payment	I enclose a cheque for course fee / course fee and parking (Please delete) (Please make cheque payable to Swindon GP Education Trust)
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