



Sexually Transmitted Infections Foundation Course

- STIF CORE
- STIF PLUS

Updated and Revised Courses from the British Association for Sexual Health and HIV (BASHH)

STIF CORE:

Wednesday 7th December

STIF PLUS:

Thursday 8th December

at

**Swindon Town Football Club,
County Road, Swindon,
SN1 2ED**

COURSE DIRECTOR: Dr Guy Rooney

**COURSE ORGANISER: Michala King.
Michala.king@gwh.nhs.uk**

(on behalf of BASHH)

The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting. Early registration is preferable. It is recommended to attend both days although if you have attended a STIF course in the past 3 years, you can attend the STIF PLUS day to update your knowledge and skills.

It is highly recommended that delegates study the appropriate modules in e-Learning for Health before attending.

This will entail around 5 hours of study. Further information about the modules will be provided by the course organisers approximately four weeks before the course commences.

The outline programme is attached.

For further information please visit <http://www.bashh.org/stif>

This is a multi-disciplinary course and applications are invited from:

Doctors and nurses working in general practice, family planning and reproductive health, GUM, health advisers, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology and ophthalmology), pharmacists, school nurses.

Course fee (includes Coffee, Lunch & Tea)

STIF CORE £150 for GPs, £100 for Trainee, nurses & others

STIF-PLUS £150 for GPs, £100 for Trainees, nurses & others

BOTH DAYS £200 for SET GP members, £250 GP non members, £150 Trainees, nurses & others

To reserve a place, please return the tear-off slip below, with a cheque made payable to "Swindon GP Education Association"

ALL APPLICATIONS SHOULD BE RETURNED BY 30.10.11 to Michala King, Academy, Great Western Hospital, Marlborough Road, Swindon, SN3 6BB, 01793 605924, Michala.king@gwh.nhs.uk

Details of the e-learning modules and a Course Pack will be sent to you nearer the time with your receipt.

RCN, FFPRHC & RCP Approved

**Sexually Transmitted Infections Foundation Course
7th & 8th December 2011**

Swindon Town Football Club, County Road, Swindon, SN1 2ED

Name _____

Present Post _____

NHS Trust /PCT _____

Mailing Address for your course pack:

_____ Post Code: _____

Daytime Telephone contact: _____

E-mail _____

Please indicate the days which you wish to attend:

DAY ONE (STIF CORE)

DAY TWO (STIF PLUS – assumes attendance on a STIF Course in last 3 years))

BOTH DAYS

Any Special Needs? (Please specify) _____

BASHH - STI Foundation Course (Outline programme)

Aim of the course

To equip participants with the basic knowledge, skills and attitudes for the effective management of STIs.

By the end of the course you should be able to:

Knowledge

- describe the principles of STI service provision
- recognise the issues relating to confidentiality, partner notification and treatment
- demonstrate basic knowledge of the epidemiology and the factors involved in the transmission of STIs and how to prevent transmission
- demonstrate basic knowledge of STIs, their presentation, diagnosis and management
- indicate where and when to refer patients

Skills

- demonstrate competency, and feel comfortable, in taking a sexual history
- demonstrate the skills necessary to inform patients about reducing their risk of sexual infections and risk of unplanned pregnancy
- optimise care pathways for patients through improved links with local services (GUM, Sexual Health, Contraceptive services, Psychosexual services, Microbiology, TOP services and Primary Care)

Attitudes

- demonstrate an appreciation of the lifestyle and circumstances of others and how this may reflect in their presentation and impact on their management.
- recognise the range of human sexuality, lifestyles and culture and the impact this has on transmission/prevention counselling
- demonstrate an understanding of how one's personal beliefs could affect the consultation

Programme timings may change

Day 1 (STIF CORE):

- 09:00 Registration and coffee
 09:30 Welcome, introduction
 09:40 Session – epidemiology of STIs, and principles of service provision
 10:20 Session – Sexual History, Risk assessment and recognition of symptoms
 11:00 Coffee
 11:15 Session – Examination, swabs and tests
 11.45 Parallel Workshops: Partner Notification / Prevention, Control and Health Promotion
 12.30 Lunch
 13:30 Small Group Workshops:

	Group A	Group B	Group C	Group D
13:30	1	2	3	4
14:15	2	3	4	1
15:00	Tea	Tea	Tea	Tea
15:15	3	4	1	2
16:00	4	1	2	3

- 16:45 Meeting with mentors
 17:00 Close

Small Group Workshops:

- Genital sores
- HIV testing in practice
- Vaginal Discharge and Pelvic Pain
- Young People and Sexual Health

Day 2 (STIF PLUS):

- 09:00 Coffee and registration
 09:30 Session – HIV in primary care: recognition and management
 10.30 Coffee
 10:45 Small Group Workshops:

	Group A	Group B
10:45	5	6
11:30	6	5

- 12.15 Lunch
 13.00 Session: Motivational Interviewing in Sexual Health
 14.00 Small Group Workshops:

	Group A	Group B
14.00	7	8
14.45	8	7

- 15:30 Tea
 15:45 Session – Viral Hepatitis
 16:15 Session – Sexual Assault
 16:45 Meeting with mentors
 17.00 Close

Small Group Workshops:

- Male dysuria, prostatitis, testicular pain
- Genital Dermatology
- Syphilis
- Sexual Health for Gay Men and Lesbians